How do I take advantage of the Family and Medical Leave Act?

There are many misconceptions about the Family and Medical Leave Act (FMLA) of 1993. For example, in most cases you need to talk to your employer about it before you take time off. Also, the law affects all public employers, but only private employers who have 50 or more employees.

View the Department of Labor's Wage and Hour Divison (WHD) Information Page on the FMLA

What should you do if you believe your FMLA rights have been violated?